

Back to School

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continue their dance education. The company dancers rose to the occasion, worked hard, and competed in three competitions. They won Platinum, High Gold, top solo and overall scores at DanceXplosion, Starbound and Dancers Inc. They will be traveling to North Carolina in August to study with Scott Benson and Kameron Bink from "So You Think You Can Dance." Dance Unique Dance Academy is reopening in Freehold in September 2007. Even though it was a challenging year, owner Iris Gold feels her new studio has a great future back in Freehold. Many of her old students have found their way back into her dance class so they can continue their dance education. For more information, call (732) 866-0900 or visit www.danceuniqueandancers.com. The studio is located at 843 Route 33 in Cousins Plaza, Suite 4, Freehold.

According to Dr. Adam Eisenberg of Freehold, most veneer procedures require the removal of sensitive tooth structures. Den-Mat, one of the nation's largest manufacturers of professional dental materials, has changed that with the introduction of Lumineers by Cerinate. Dentists apply thin veneers to teeth without any grinding or shaving, transforming misshapen, worn teeth into a naturally beautiful smile that looks perfect for every individual. Your smile is the easiest way to improve your appearance. Lumineers can accomplish this by providing instant teeth straightening and permanent whitening. In many cases they are a convenient substitute for braces and other orthodontics, depending on the bite severity. The procedure may also be used on worn teeth to straighten them and prevent further wear. Lumineers can only be made from patented Corinate porcelain, and are available only at Cerinate Smile Design Studios. Without the need for removal or painful tooth structure, Lumineers require no anesthesia because the procedure is virtually pain free. In just two visits to the dentist, Lumineers provide a custom-made smile. Lumineers are ultra-thin, yet super strong for a radiant smile that resists any micro-cracking, which can damage restorations. For more information about Lumineers, call Dr. Adam Eisenberg at (732) 294-0404.

Fitness Together in Freehold prides itself in offering the finest personal training in the area. The staff help kids of all ages reach their fitness goals. Nearly a million American youngsters, some as young as 6, rely on personal trainers to shape up, lose weight or improve in sports, according to figures from the International Health, Racquet and Sportsclub Association. The group's 2005 figures show that 824,000 children between the ages of 6 and 17 use trainers — a figure that accounts for about 13 percent of trainers' clients. With many high school students not getting exercise at school unless they play a sport, more parents are turning to trainers to help their children stay fit. More than one-third of American children are overweight and experts warn of future health problems ahead, from diabetes to heart disease. Children can increase bone density and muscular strength from resistance exercises. To get set up on a proper strength training program, a qualified personal trainer can be of great help. Some simple resistance exercises using one's own body weight, such as performing push-ups or pull-ups, are great exercises for increasing upper body strength. For more information call Wayne Matus, owner of Fitness Together, at (732) 431-5555 or visit www.ftfreehold.com.



Folio Art Glass

Folio Art Glass, a successful enterprise decorative glass enterprise, is a product of Ray Folio's craftsmanship, Barbara Folio's business acumen and creativity, and their daughter Kim's artistry. Tim Dorland adds a new dimension to the realm of fused glass with his one-of-a-kind fused paintings, one-of-a-kind glass mosaics and classes in all areas of glass. Their store in Colts Neck has enabled them to expand their studio space and also provide the public with the opportunity to see not only the finished product, but also how it is made, from cutting to powdering to firing. Over the years the Folio product has evolved from stained glass windows and Tiffany reproductions to painted, kiln-fired, and fused glass pieces. Fused glass is their latest enterprise, and it is finding a new audience among patrons who are looking for both function and durability in their glass designs. Unlike traditional art pieces, fused glass is meant to be more than merely decorative. From candle holders to serving platters, fused glass is both food and dishwasher safe. The Folio philosophy, as it has been from the start, is a simple one: We're not a factory, we're a family. Come visit the family online or at the store. Call (732) 431-0044 or visit www.folioartglass.com.

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<p>MONDAY OPEN STUDIO PAINTING FOR ADULTS New Mount Airy Shopping Center 10:00am - 12:00pm • \$20/Session 8 Weeks (9/17)</p> <p>CHILDREN'S ART Ages 6-12 • New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17)</p> <p>KIDS ART Ages 3-5 • New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17) • Instructor: Susan Bink</p> <p>DRAWING YOUR FAVORITE CARTOON CHARACTERS Ages 6-12 • New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17)</p> <p>COOL TEEN ART PORTFOLIO DUES New Mount Airy Shopping Center 7:00pm - 9:00pm • \$20/Session 8 Weeks (9/17)</p> <p>COME DRAW WITH ELANE Ages 9-12 • New Mount Airy Shopping Center 6:00pm-7:00pm • \$10/Session 8 Weeks (9/17)</p> <p>CLAY & CERAMICS FOR CHILDREN Ages 6-12 • New Mount Airy Shopping Center 6:00pm-7:00pm • \$10/Session 8 Weeks (9/17)</p> <p>COME DRAW WITH ELANE For Adults & Teens • New Mount Airy Shopping Center 7:00pm-9:00pm • \$10/Session 8 Weeks (9/17)</p>	<p>TUESDAY DRAWING & PAINTING WITH ELANE For Adults & Teens 10:00am-11:00am • \$10/Session 8 Weeks (9/17)</p> <p>TEEN ART New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17)</p> <p>CHILDREN'S ART Ages 6-12 • New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17)</p> <p>OPEN STUDIO ACRYLIC PAINTING For Adults and Teens New Mount Airy Shopping Center 7:00pm-9:00pm • \$20/Session 8 Weeks (9/17)</p>	<p>WEDNESDAY OIL PAINTING For Adults New Mount Airy Shopping Center 10:00am-12:00pm • \$20/Session 8 Weeks (9/17)</p> <p>COME DRAW WITH ELANE For Children Ages 6-12 New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17)</p> <p>KIDS ART Ages 3-5 New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17) • Instructor: Susan Bink</p> <p>SOLO-MEDIA WITH ELANE For Adults • New Mount Airy Shopping Center 7:00pm-9:00pm • \$10/Session 8 Weeks (9/17)</p>	<p>THURSDAY DRAWING & WATERCOLOR WITH ELANE For Adults & Teens 7:00pm-9:00pm • \$10/Session 8 Weeks (9/17)</p> <p>CHILDREN'S ART Ages 6-12 • New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17)</p> <p>DRAWING & VIDEO GAME CONCEPT Ages 9-12 • New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17)</p> <p>COME DRAW WITH ELANE For Children Ages 6-12 New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17)</p> <p>WATERCOLOR FOR ADULTS New Mount Airy Shopping Center 7:00pm-9:00pm • \$10/Session 8 Weeks (9/17)</p> <p>DRAWING WITH GUY DORLAND For Adults & Teens New Mount Airy Shopping Center 6:00pm-7:00pm • \$10/Session 8 Weeks (9/17)</p>	<p>FRIDAY OPEN STUDIO PAINTING For Adults New Mount Airy Shopping Center 10:00am-12:00pm • \$20/Session 8 Weeks (9/17)</p> <p>POST-TEEN ART 12-17 • New Mount Airy Shopping Center New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17)</p> <p>CHILDREN'S ART Ages 6-12 New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17)</p> <p>STORY ART Ages 3-5 New Mount Airy Shopping Center 4:00pm-5:00pm • \$10/Session 8 Weeks (9/17) • Instructor: Susan Bink</p>	<p>SATURDAY KIDS ART Ages 3-5 New Mount Airy Shopping Center 10:00am-11:00am • \$10/Session 8 Weeks (9/17)</p> <p>COME DRAW WITH ELANE For Adults & Teens New Mount Airy Shopping Center 10:00am-11:00am • \$10/Session 8 Weeks (9/17)</p> <p>CHILDREN'S ART Ages 6-12 • New Mount Airy Shopping Center 10:00am-11:00am • \$10/Session 8 Weeks (9/17)</p> <p>ADULTS & KIDS New Mount Airy Shopping Center 10:00am-11:00am • \$10/Session 8 Weeks (9/17)</p> <p>POST-TEEN ART 12-17 • New Mount Airy Shopping Center New Mount Airy Shopping Center 10:00am-11:00am • \$10/Session 8 Weeks (9/17)</p> <p>COME DRAW WITH ELANE For Adults & Teens New Mount Airy Shopping Center 10:00am-11:00am • \$10/Session 8 Weeks (9/17)</p> <p>COME DRAW WITH ELANE For Adults & Teens New Mount Airy Shopping Center 10:00am-11:00am • \$10/Session 8 Weeks (9/17)</p>

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